



传承中国传统养生智慧，「正盅」遵从药食同源，更与本地权威机构澳门中医药学会合作打造多款营养食疗 - 从有机红米蒸饭、养生炖汤、保健茶到养生炖品、甜品等，款款健康滋味、补气养身。

Collaborating with one of the most authoritative traditional Chinese medicine associations of Macau, this Chinese herbal tea house serves an exquisite and healthy selection from steamed organic rice and nutritious double-boiled soups to herbal tonic teas and delicious desserts, nourishing your qi and helping you achieve wellness by honing the healing power of food.



高丽参灵芝炖竹丝鸡  
Double-boiled Silkie Fowl Soup  
with Korean Ginseng and Lingzhi



☞ 冬虫夏草炖鸡 (益气固精 补肺益肾) 988  
Double-boiled Chicken Soup with Cordyceps

☞ 高丽参灵芝炖竹丝鸡 (补气宁神 滋补五脏) 588  
Double-boiled Silkie Fowl Soup with Korean Ginseng and Lingzhi

长白山野山参石斛炖刺参 (调补五脏 益胃生津) 488  
Double-boiled Sea Cucumber Soup with Wild Ginseng  
and Dendrobium

☞ 虎乳灵芝青榄螺头炖花胶 (滋阴清热 润肺利咽) 388  
Double-boiled Fish Maw Soup with "Lingzhi" and Green Olives

天麻黄芪党参炖鲍鱼 (疏肝理气 强骨通络) 288  
Double-boiled Abalone Soup with "Tian Ma", "Huang Qi"  
and "Dang Shen"

川贝海椰皇炖鳄鱼肉 (滋阴补肾 清热润肺) 228  
Double-boiled Crocodile Meat Soup with "Chuanbei"  
and Sea Coconut

花旗参炖竹丝鸡 (滋阴清热 宁神养肝) 168  
Double-boiled Silkie Fowl Soup with American Ginseng

羊肚菌姬松茸炖水鸭 (益气固肾 健脾和胃) 158  
Doubled-boiled Duck Soup with Blazei and Morel Mushrooms



☞ 主厨推介 Chef's Recommendation

请告知您的服务员关于任何食物过敏或餐饮限制。所有价格为澳门币并需加收10%服务费。图片只供参考之用。  
Please inform our service staff if you have any food allergies or dietary requirements. All prices are in MOP and subject to a 10% service charge.  
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有机红米蒸饭 Healthy Steamed Organic Brown Rice

	一品海味笼仔蒸饭 Premium Abalone and Sea Treasures	328
	金银蒜龙虾带子笼仔蒸饭 Boston Lobster with Scallops and Fried Garlic	298
	鲍鱼腊味滑鸡笼仔蒸饭 Abalone with Cured Meats and Chicken	238
	剁椒海斑球笼仔蒸饭 Grouper Fillet and Fermented Chilies	198
	虫草花海鳝蒸饭 Eel with Cordyceps Flower	158
	金牌腊味蒸饭 Chinese Sausage and Cured Meats	138
	银鱼虾干黑豚肉蒸饭 Iberico Pork with Silverfish and Dried Shrimps	128
	牛肝菌豉汁南瓜排骨蒸饭 Pork Ribs with Pumpkin, Porcini Mushrooms and Black Bean Sauce	128

 主厨推介 Chef's Recommendation  含可持续发展海产 Contains sustainable seafood

 辣味 Spicy

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一品海味笼仔蒸饭  
Premium Abalone and Sea Treasures





松茸花胶鸡汤  
Fish Maw and Chicken Soup with Matsutake

蚝皇花胶辽参捞面 288  
Tossed Egg Noodles with Fish Maw and Sea Cucumber in Oyster Sauce

👤 松茸花胶鸡汤 168  
Fish Maw and Chicken Soup with Matsutake

淮山北芪鱼头汤 138  
Fish Head Soup with "Bei Qi" and Chinese Yam

秘制人参肉骨茶 128  
Pork Ribs Soup with Asian Herbs and Ginseng

自选：米线 / 面线 / 自家制白面  
Choice of Noodles: Vermicelli / Thin Vermicelli / Homemade White Noodles



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- 枣皇炖官燕 (100g) 688

可选：冰糖 / 杏汁 / 野生蜂蜜

Double-boiled Bird's Nest and Imperial Red Date (100g)

Choice of: Rock Sugar / Almond Milk / Wild Honey
- 夏威夷木瓜炖燕窝 (50g) 388

Double-boiled Bird's Nest with Hawaiian Papaya (50g)
- 椰皇杏汁雪耳炖桃胶 138

Double-boiled Peach Gum with Snow Fungus, Almond Milk in Coconut
- 秋梨银耳炖竹燕窝 128

Double-boiled Bamboo Bird's Nest with Pear and Snow Fungus
- 灵芝龟苓膏 98

Chinese Herbal Jelly with Honey
- 黑糖姜茶汤圆 68

Glutinous Rice Dumplings with Brown Sugar Ginger Tea
- 陈皮红豆沙 58

Sweet Red Bean Soup with Aged Mandarin Peel
- 养生美点拼盘 58

雪菊燕窝糕、杞子桂花糕、葛仙米玫瑰糕

Healthy Dessert

Chrysanthemum and Bird's Nest Jelly, Wolfberry and Osmanthus Jelly, Nostoc and Rose Jelly

灵芝龟苓膏  
Chinese Herbal Jelly with Honey



主厨推介 Chef's Recommendation 素食 Vegetarian

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花旗参灵芝红枣茶  
American Ginseng  
with Lingzhi and Red Dates Tea

☞ 花旗参灵芝红枣茶 (益气养肝 调肝健脾) 58  
American Ginseng with Lingzhi and Red Dates Tea

田七花雪菊红枣茶 (清热平肝 宁神明目) 58  
Notoginseng with Snow Chrysanthemum and Red Dates Tea

红参须杞子元肉茶 (益气健胃 清热生津) 58  
Red Ginseng Roots with Wolfberries and Dried Longan Tea

金银花胎菊杞子茶 (清热解毒 清肝明目) 58  
Honeysuckle with Chrysanthemum and Wolfberries Tea



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饮品  
Drinks

果汁 Juice 50  
鲜橙 / 西瓜 / 苹果  
Orange / Watermelon / Apple

汽水 Soft Drinks 40  
可乐 / 无糖可乐 / 雪碧  
Coke / Coke Zero / Sprite

矿泉水 Mineral Water 每瓶 Bottle  
圣培露有气矿泉水 (750ml) 90  
San Pellegrino (Sparkling)

依云无气矿泉水 (750ml) 90  
Evian (Still)

光盘行动

不浪费一粥一饭

MELCO  
新濠

DELICIOUSLY  
CLEAN  
PLATES

NEVER WASTE A SINGLE BITE.

MELCO  
新濠